



Annual Medical Conference for Health Professionals
Saturday 19th October 2019
The Edmund Burke Theatre, Trinity College, Dublin (TCD).

Conference Programme

Presented by the National Experts at the Forefront of Osteoporosis Healthcare.

www.irishosteoporosis.ie

Theme: What You Need To Know About Bone Health

08.30-08.55	Registration
08.55-09.00	Opening: Emeritus Professor Moira O'Brien, President, Irish Osteoporosis Society.
09.00-09.25	Professor James Bernard Walsh, Bone Health and Osteoporosis Treatment Unit, Mercer's Institute St James Hospital and Trinity College Dublin Overview of Vitamin D
09.25-09.50	Professor Lina Zgaga, Associate Professor, Public Health & Primary Care, Trinity College Dublin The Effects of Vitamin D on Health - How to Interpret the Evidence
09.50-10.05	Oral Abstracts Presentation
10.05-10.30	John Dowling, Prostate Cancer Patient and Advocate, Vice-Chairman of the European Prostate Cancer Coalition (Europa Uomo) Prostate Cancer Patient Advocate
10.30-10.55	Professor James Lucy, Medical Director, St. Patrick's University Hospital, Dublin and Clinical Professor of Psychiatry, TCD Psychiatry and Osteoporosis
10.55-11.20	Coffee Break
11.20-11.45	Professor John Carey, Consultant Physician in Rheumatology and Medicine, Galway University Hospital and Lecturer in Medicine, NUI Galway. Epidemiology of Osteoporosis
11.45-12.10	Mr Fergus Byrne, Consultant Orthopaedic Surgeon, Galway University Hospitals Orthopaedic and Osteoporosis
12.10-12.45	Emeritus Professor Moira O'Brien, President, The Irish Osteoporosis Society. Case Studies
12.45-13.00	Oral Abstract Presentations
13.00-14.00	Lunch
14.00-14.25	Professor John Carey, Consultant Physician in Rheumatology and Medicine, Galway University Hospital and Lecturer in Medicine, NUI Galway. Treatment Updates
14.25-15.50	Kevin McCarroll, Consultant, Medicine for the Elderly, St. James Hospital, Dublin Case Studies
15.50-16.15	Aoife Ní Mhuiri, Chartered Physiotherapist, Founder and CEO, Salaso Health Solutions Ltd. & Lecturer at Institute of Technology, Tralee. Exercise and Osteoporosis
16.15-16.40	Elaine McGowan, Dietitian / Clinical Nutritionist & Sports Nutritionist, Hermitage Medical Clinic, Dublin Nutrition and Bone Health
16.40-17.00	Abstract Award Presentations
17.00-17.10	Professor Moira O'Brien, President, The Irish Osteoporosis Society. Conclusion



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Call for Abstracts – Oral & Poster

Abstract submissions are welcome for consideration for the 2019 Irish Osteoporosis Society Annual Medical Conference for oral and or poster submission.

General Information

- Your abstract may have up to **250 words**.
- Abstracts should be typed in word format and sent as an attachment by email to iosabstract15@gmail.com. Please ensure that **Abstract IOS 2019** is typed in the subject box of your email.
- Please ensure that the abstract is sent from the e-mail address to which correspondence regarding the conference is to be sent.
- Please include a contact telephone number/mobile for the presenter/author.
- No patient identifiers accepted on any material.
- Please confirm if you wish to submit your abstract for consideration as
 - poster only
 - oral only
 - Both poster and oral.
- Accepted oral abstracts in each award category will have an oral presentation: 5 slides, 5 minutes each with 2 minutes questions and answers (7 minutes total).

Abstract Award Categories

Young Investigator Award x 2

Best Overall Scientific Abstract x 1

Most Interesting Clinical Case x 1

Best Poster x 1

Closing Date for Abstract Submission: September 13th, 2019.

Notification of Review Outcome by Email: September 18th, 2019

Deadline for Accepted Oral & Poster Presenters to Register to Confirm Attendance: 5th October, 2019. Accepted Abstract Presenters can register to attend at the Early Bird Registration Fee.