



Faculty of Sports and Exercise Medicine (RCPI & RCSI)

Fellowship Criteria

There are 3 pathways to FSEM Fellowship:

- Progression Pathway (Route 1) – **4 year phase**
- Direct / Academic Pathway (Route 2)
- Training / HST SEM programme Pathway (Route 3)

Progression Pathway Membership to Fellowship Route 1	Direct / Academic Pathway Route 2	Training / HST SEM Pathway Route 3
Successful completion of FSEM SPoRTS Course (level 2) & FSEM SPoRTS Course re-certification (level 3)	Recognised postgraduate qualification (MRCPI, MRCSI, MICGP, MRCP, MRCEM, etc.)	Successful completion of HST SEM / SpR training programme and awarding of Certificate of Completion of Specialist Training (CCST) in Sports and Exercise Medicine by FSEM
Attendance at SEMSEP Modules (*)	Recognised MSc degree in SEM or MSK	
Attendance at Annual Meetings (Annual Scientific Conference (ASC), Spring Study Day etc.) (*)	Any other additional Higher Qualifications (if applicable)	
Presentation at Annual Meetings (*)	Publications (SEM Journals or SEM topics in non-SEM Journals) (*)	
Involvement in Faculty Activities (committee work, teaching, Moodle etc.)	Presentations (SEM Meetings or SEM topics at non-SEM Meetings)	
Completion of on-line MSc in SEM (when available)		
Evidence of 200 CPD over 4 year cycle (*) 50% Should be in SEM routes 1 & 2 only		
Support from 5 Fellows of the Faculty of Sports and Exercise Medicine (RCPI & RCSI) – <u>routes 1 & 2 only</u>		

- 1 Applicants must demonstrate satisfactory evidence of interest / involvement in Sports and Exercise Medicine through FSEM activities (route 1), recognised post-graduate qualifications and academic portfolio (route 2), or successful completion of the Higher Specialist Training Programme in Sports and Exercise Medicine (route 3)

And

- 2 Have acquired evidence of 200 SEM related CPD over the 4 year cycle (Routes 1 & 2)

And

- 3 the support from 5 Fellows of the Faculty of Sports and Exercise Medicine (RCPI & RCSI) (Routes 1 & 2)

IMPORTANT

Route 1 requirements:

- (*) **SEMSEP modules attendance:** at least 8 modules attended in the 4 year cycle
- (*) **FSEM annual meetings attendance:** at least 4 annual meetings in the 4 year cycle
(FSEM ASC, FSEM Spring Study Day etc.)
- (*) **FSEM annual meetings presentation:** at least 4 presentations at an annual meeting in the 4 year cycle (Oral or Poster)
- (*) **Evidence of CPD activities:** recording of CPD activities
(200 CPD credits in the 4 year cycle – 50% should be in Sports and Exercise Medicine)

Route 2 requirements:

- (*) **Evidence of presentation at meetings:** Official letter on headed paper from conference organiser / copy of conference programme
- (*) **Evidence of publications:** Copy of abstract with Journal details + impact factor
- (*) **Evidence of CPD activities:** recording of SEM related CPD activities
(200 CPD credits in the 4 year cycle)

Notarised copies of certificates: required for all higher qualifications submitted (Membership certificates, other higher qualifications and MSc degrees)

Route 3 requirement:

Copy of CCST certificate

Procedure for Application:

The application form should be downloaded from the website, and it must be accompanied by:

- I. An up-to-date CV highlighting the applicant's medical area of expertise, as well as Sport and Exercise Medicine interest, and current involvement with the specialty (all pathways)
- II. Any supporting documentation relevant to each pathway
 - o Basic copies for routes 1 & 3
 - o Notarised (**) copy of postgraduate qualifications for route 2
- III. Application form duly signed by 5 Fellows of the Faculty of Sports and Exercise Medicine (RCPI & RCSI) – routes 1 & 2
- IV. Log of CPD activities over the 4 year cycle (50% in Sports and Exercise Medicine) – **see appendix to application form**
- V. And the application fee of €300

(**) Notarised copies - documents should be appropriately signed and stamped as a true copy of the original document, by a solicitor, a notary public, a justice of the peace, or a member of An Garda Síochána.