



6.0 Continuous Professional Development (CPD)

CPD is recognized in four categories, three of which are mandatory and one recommended as outlined below:

- Category 1** External - Maintenance of Knowledge and Skills (Mandatory)
- Category 2** Internal - Practice Evaluation & Development (Mandatory)
- Category 3** Personal Learning (Mandatory)
- Category 4** Teaching and Research (Recommended)

Appendix 1 outlines examples of activities in each category

6.1 CPD Requirements

To achieve compliance, a practitioner is required to earn at a minimum:

50 credits per year

250 credits per five year cycle

Broken down as follows:

External – 20 credits per year minimum

Internal – 20 credits per year minimum

Personal Learning – five credits per year minimum

Research or Teaching – two credits per year desirable

Accumulated credits must be balanced within the five year cycle. Practitioners are encouraged to balance credits by the 30 month mark.

CPD credits will generally be calculated as one credit per one hour of activity.

CPD requirements are the same for full time and part time surgeons.

APPENDIX 1 : CPD CATEGORIES

Category	Example Activities	Credits
<p>External (Maintenance of Knowledge and Skills)</p> <p>Events / activities accredited by Training Bodies that meet educational standards</p>	<ul style="list-style-type: none"> -International/National Meetings -Courses accredited by Training Body -College/Society meetings -Medically related advanced degrees -Online Courses 	<p>20 credits minimum per year/ term</p> <p>100 credits minimum per five year cycle</p>
<p>Internal (Practice Evaluation & Development)</p> <p>Activities that develop and improve the quality of clinical practice</p>	<ul style="list-style-type: none"> -Morbidity and Mortality Meetings -Clinical Risk Meetings -Case Presentations -Chart Reviews -Grand Rounds -Multi-disciplinary Meetings -Peer Review Groups -Activities related to analysing patient and/or department outcomes -Activities related to patient satisfaction surveys -Activities related to the organisation or review of surgical services, e.g. Head of Department and Clinical Unit meetings 	<p>20 credits minimum per year / term</p> <p>100 credits minimum per five year cycle</p> <p>1 hour of educational activity = 1 CPD credit</p>
<p>Personal Learning</p>	<ul style="list-style-type: none"> -Self directed education, training or assessment activities (eg Journal reading) -Participation in professional development workshops/courses -Volunteer or outreach activities -Journal clubs -E-Learning 	<p>5 credits minimum per year /term</p> <p>25 credits minimum per five year cycle</p> <p>1 hour of educational activity = 1 CPD credit</p>
<p>Research or Teaching</p>	<ul style="list-style-type: none"> - Accredited Postgraduate Trainer -Lectures -Examiner for Postgraduate Training Body -Publishing articles -Poster Presentation -Question Setting -Participation in the mentoring and counseling of surgical trainees 	<p>2 credits per year desirable</p> <p>1 hour of educational activity = 1 CPD credit</p>

Appendix 2 – Examples of documentary evidence of CPD

- Attendance certificates/registers for local/national/international educational meetings /courses
- E-learning self assessment certificates
- Attendance at examination as an examiner (e.g. exam timetable)
- Programmes of meetings if there are no attendance certificates
- Copies of proposals written for specific committees
- Copies of meeting agendas
- Protocols written
- Copies of papers and abstracts presented
- For Life Support Course instructing – copies of the course programme
- Research grants
- List of papers refereed
- Programmes of courses on which you have lectured
- Medically Related Advanced Degrees – copy of diploma or final transcript
- Research - Copy of published article's first page
- Poster Presentation - Copy of page from conference proceedings that lists the poster abstract and identifies the presenter
- Postgraduate Trainer/Examiner/Question Setting - Confirmed by relevant training body