



## Irish patients taking more meds

NEW research shows that people in Ireland are taking more prescribed medications now than they were 18 years ago.

According to a new study from the Royal College of Surgeons in Ireland Department of General Practice, there has been a 250 per cent increase in the prevalence of polypharmacy across all age

groups from 1997 to 2012.

When demographic changes were accounted for, the number of people being prescribed five or more medications increased four-fold and the number of people taking ten or more medicines increased ten-fold.