Saturday 1st February 2014
Module 2
Concussion

Venue: Cheyne Lecture Theatre, RCSI
Dear Delegates,

The objective of the SEMSEP programme is to provide additional educational opportunities in the new specialty of Sports and Exercise Medicine to our Fellows and Members, but also to medical practitioners and other allied healthcare professionals who are interested to learn more about Sports and Exercise Medicine.

The modules are delivered during the academic year, and address a number of topics. Our first module on Anti-Doping & Pharmacology on 30th November 2013 was well attended, and we hope that today’s module, as well as the next 2 modules on “Disability in Sports and Physical Activity for Health”, and “the Travelling Team” scheduled later this spring will prove as popular!

On behalf of the Faculty Board, I would like to welcome you to RCSI this morning for the SEMSEP Module 2 on “Concussion”. Concussion has been a contentious topic in recent months, following the unfortunate young rugby player’s tragic injury in Ulster. In the pre-hospital, pitch-side environment, it is the doctor who is ultimately held responsible for decisions made regarding player welfare. This morning’s programme has been created to collect all the information about concussion, add clarity where needed, and highlight what is important so that the doctors on the field of play can make the right decision with the best interests
of the player being his absolute priority. This is the role of the Faculty of Sports and Exercise Medicine; to provide the education, training and support for our sports doctors in the challenging environment of competitive sport.

Please note that additional CPD activities will come out from the SEMSEP modules next year, and we hope to advertise them in the Autumn. We look forward to the various modules being delivered this year by our team of SEM experts and guest speakers, and we value your feedback after each module.

Dr Padraig Sheeran
Dean of the Faculty of Sports and Exercise Medicine, RCPI & RCSI
**Programme**

**Chair:** Prof Michael Molloy, Consultant Physician / Rheumatologist at CUH and UCC, FSEM Board Member & former Chief Medical Officer of the IRB and former Medical Advisor to the IRFU

**Venue:** Cheyne Lecture Theatre, RCSI

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<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
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<tr>
<td>8.00am</td>
<td>Registration in the Concourse</td>
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<td>8.20am</td>
<td>“Welcome Address from Dean”</td>
<td>Dr Padraig Sheeran</td>
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| 8.30am     | “Up-date from Major Sporting Bodies” Followed by Q&A    | Dr Eanna Falvey (Rugby)  
Dr Martin Daly (GAA)  
Dr Adrian McGoldrick (Turf Club)  
Dr Alan Byrne (Soccer)  
Chair: Dr Padraig Sheeran |
| 9.45am     | “Neurosciences” – Part 1 Followed by Q&A                | Prof Tim Lynch  
Dr Brian Sweeney  
Dr Niall Pender  
Prof Jack Phillips  
Chair: Dr Joe Cummiskey |
| 10.45am    | Break in the Concourse                                  |                                                                         |
| 11.15am    | “Neurosciences” – Part 2 Followed by Q&A                | Prof Jim Meaney  
Prof Catherine Keohane  
Dr Willie Stewart  
Chair: Prof W. Arthur Tanner |
| 12.30pm    | Round Table Discussion – Player Welfare & Injury Prevention in Sports |                                                                         |
| 1.30pm     | Close                                                   |                                                                         |

*This module is approved for 4 CPD credits*
Chairs’ Biography

Padraig Sheeran
Dr Padraig Sheeran is a Consultant in Anaesthesia and Intensive Care in Our Lady’s Children’s Hospital, Crumlin, Dublin. Padraig has been an active sportsman all his life including playing senior rugby in the UK (Waterloo RFC, London Irish RFC and Great Britain Students RL 82-84), and Ireland (Galwegians + UCG). He is a keen cyclist, skier, and scuba diver. He is Medical Director of Kilimanjaro Achievers, involved with the late Ian McKeever, inspiring transition year students to climb Mount Kilimanjaro. Padraig is trained in practice of medicine in remote areas (WENSI Wilderness Physician). He took over as Dean of the Faculty of Sports and Exercise Medicine last November.

Joseph Cummiskey
Dr Joseph Cummiskey, M.D., FRCPI, FACP, FCCP, FFSEM, FSA, BSc (Pharmacology), DCH, is Respiratory Physician in the Blackrock Clinic. Past appointments and positions include: Medical Officer for the Olympic Council of Ireland (1991-2001) and Member of the International Olympic Committee, MC (2000-2014). He is a Foundation Fellow of the Faculty of Sports and Exercise Medicine, RCPI & RCSI and was Dean of the Faculty between 2011 and 2013. He is the immediate past President of the EFSMA (European Federation of Sports Medicine Association) since 2009. His research interests include sarcoidosis, asthma, sleep dysfunction, exercise physiology in Athletes, and anti-doping in sport.

W. Arthur Tanner
Prof W. Arthur Tanner was a General / Upper GI surgeon. He served on Council of RCSI from 1986-2001 and from 2011 to present. He has served as a member of the Medical Council, and he previously held position of Director of Surgical Affairs, RCSI. He was a member of the group who founded the Faculty of Sports & Exercise Medicine and is currently Vice Dean of the Faculty. He is currently the Medical Director for Leinster Rugby.

Michael G Molloy
Prof Michael G. Molloy, FRCP, FRCPI, FFSEM (UK), FRCSI (Hon.) is Consultant Physician/Rheumatologist at Cork University Hospital and University College Cork. He is Course Director of the Master of Sport and Exercise Medicine (MMedSc) degree at Cork University Medical School. He is also former Chief Medical Officer of the International Rugby Board and former Medical Advisor to the I.R.F.U. He is the inaugural Dean of the Faculty of Sport and Exercise Medicine.

Speakers’ Biography

Eanna Falvey
Dr Eanna Falvey, MB BCh, PhD, MRCPI, MmedSci (SEM), FFSEM, has been involved in team coverage for Hurling, Football, Boxing, Rugby, Australian Rules football at elite levels. Dr Falvey undertook a fellowship in sports medicine at the University of Melbourne and a PhD at University College Cork. Dr Falvey is the Team Doctor to the Irish Senior Rugby Team and the Irish Boxing High Performance Unit since 2009; he was doctor to the British & Irish Lions tour 2013 and is a member of the IRB Pitch Side Concussion Assessment (PSCA) working group.

Martin Daly
Dr Martin Daly, LRCP & SI MB BCh NUI, MRCGP, FFSEM, graduated from RCSI in 1987. Dr Daly is Principal GP in his practice in Ballygar Co Galway, and is also past President of the IMO. He has been the Medical Officer of Roscommon County Football & Hurling Board since 1996, and is the Medical Officer for Roscommon Racecourse since 1994. Dr Daly was recently appointed Treasurer of the Faculty of Sports and Exercise Medicine.

Adrian McGoldrick
Dr Adrian McGoldrick is a Member of the Faculty of Sports and Exercise Medicine (MFSEM) and of the American College of Sports Medicine. He is a G.P., practicing in Newbridge, Co. Kildare since 1984. He has been a racecourse medical officer for 28 years and Turf Club Senior Medical Officer since January 2008. He has been joint co-ordinator of the Turf Club Research Group since 2004 and has co-authored multiple articles and abstracts with respect to the welfare of jockeys. He is a member of the Equestrian Helmet Technical Committee of N.S.A.I. and Convenor of Working Group 5 (Helmets for Horse Riders) of CEN, the European Standards Body.
Speakers’ Biography Cont’d

**Alan Byrne**  
Dr Alan Byrne, M.B., M.R.C.P.I., MSc. (sports medicine), FFSEM, has worked with several teams as team doctor at the Football Association of Ireland since 1999. He has been the Republic of Ireland senior international team doctor since 2003. Dr. Byrne is a founding Fellow of the Faculty of Sports and Exercise Medicine. He was appointed to the Board of the Faculty of Sports and Exercise Medicine in 2011.

**Timothy Lynch**  
Prof Timothy Lynch MB, BSc., DCH, FRCPI, FRCP, ABPN, graduated from RCSI in 1984. Prof Lynch was appointed a Consultant Neurologist at the Mater Misericordiae University Hospital in 1998, Adjunct Professor of Neurology, University College Dublin in 2006 and Clinical Director of The Dublin Neurological Institute at the Mater (www.neurologicalinstitute.ie) in 2008. Prof Lynch is the Mater Dean of Postgraduate Education and he has published over one hundred and fifty research articles in peer-reviewed journals on a number of areas in clinical neuroscience including neurodegeneration, Parkinsonism, frontotemporal dementia linked to chromosome 17, the genetics of neurological disorders and CNS Whipple’s disease.

**Brian Sweeney**  
Dr Brian Sweeney has been Consultant Neurologist and Clinical Senior Lecturer in Neurology, CUH/UCC, since 1996. He went to UCD Medical School, and then trained in neurology in Cork and London at the National Hospital for Neurology and Neurosurgery, Queen Square. He has acted as a referring consultant neurologist to the Munster Rugby Medical Team for the last 10 years.

**Niall Pender**  
Dr Niall Pender is currently Head of the Department of Psychology and Principal Clinical Neuropsychologist at Beaumont Hospital, Dublin and Director of Neuropsychology Services Ireland based in the Hermitage Medical Clinic, Dublin. He is an Honorary Clinical Senior Lecturer in the Department of Psychology, RCSI, and Visiting Research Fellow at the Academic Unit of Neurology, School of Medicine, TCD. He has a special interest in the acute and long-term cognitive/psychological sequelae of sports related concussion.

**Jack Phillips**  
Prof Jack Phillips, 1971 Graduate UCC. Research Fellow MGH and Spr Radcliffe Infirmary Oxford, Lecturer Addenbrooks Hospital, Research Fellow MRC Cambridge, MD UCC MA (Cantab). Consultant Neurosurgeon Richmond and Beaumont Hospitals, and Emeritus Associate Professor, RCSI.

**Jim Meaney**  
Prof James Meaney, MB BCh NUI, MRCPI, FRCR, is a Consultant Radiologist in St James’ Hospital. He is also the Director for the National Centre for Advanced Medical Imaging (CAMI) also based in St James’ Hospital / Trinity Centre.

**Catherine Keohane**  
Prof Catherine Keohane, MB BCh BAO, BSc, FFPath, FRCPath, FRCPI, is a medical graduate from UCC. She is a former Consultant Neuropathologist at Cork University Hospital; she is currently Adjunct Clinical Professor, Pathology Dept, and College of Medicine and Health University College Cork. She will talk today on Neuropathology and New Concepts in Neurodegeneration.

**Willie Stewart**  
Dr Willie Stewart, BSc, MBChB, PhD, DipFMS, FRCPath. Dr Stewart is Consultant Neuropathologist at the Southern General Hospital, Glasgow and Honorary Associate Professor at the University of Glasgow. His recent research in traumatic brain injury (TBI) describes the range of pathologies in acute and long term survivors of head injury, with reference to pathologies linking TBI to neurodegenerative disease; work supported by major national and international grants from the US National Institutes of Health, the US Department of Defense, the European Community and the Chief Scientist’s Office in Scotland. He has also been called on by the Scottish and UK Governments to advise on concussion in sport and is a member of the International Rugby Board’s Independent Concussion Advisory Group.
Up-coming FSEM events – Dates for your diary

8th March 2014
SEMSEP Module 3 – Disability in Sports & Physical Activity for Health

17th May 2014
SEMSEP Module 4 – The Travelling Team

4th / 5th / 6th September 2014
FSEM 11th Annual Scientific Conference

This year, we have moved to a bigger venue (Helix, DCU Campus) and have joined with Athletic Rehabilitation Therapy Ireland (ARTI) to co-host the World Federation of Athletic Training and Therapy (WFATT) World Congress for a comprehensive in-depth view of “Hip, Hamstring, and Groin injury in Sports”.

Further up-dates on the FSEM 11th Annual Scientific Conference, call for abstracts and on-line registration are available on our website: www.rcsi.ie/fsemasc2014

Grand Rounds & Journal Clubs in Sports and Exercise Medicine

Did you know we run Grand Rounds and Journal Clubs in Sports and Exercise Medicine in Dublin, Cork, and Galway?

For more information on dates / venues and pre-reading material, visit our website: www.rcsi.ie/fsemjournalclubs

All sessions are approved for 2 CPD points and attendance is free; we welcome medical practitioners, physiotherapists, allied healthcare professionals and undergraduates with an interest in Sports and Exercise Medicine to those sessions.

Courses

Standard Principles of Resuscitation and Trauma in Sports (SPoRTS) Immediate Care Course
This 3 day course is run twice a year and is approved for 16 CPD points (14 external & 2 internal). It is also endorsed at Level 2 by the Faculty of Pre-Hospital Care of the Royal College of Surgeons of Edinburgh.

ICGP / FSEM Joint Diploma in Musculoskeletal Examination & Injury Management
This joint diploma is run on a yearly basis in a variety of workshops.

All our courses are delivered by a team of experts in Sports and Exercise Medicine, General Practice, Emergency Medicine, Pain Medicine, and Paramedics.

More CPD activities are currently in development; please check our website (www.rcsi.ie/fsem) for regular up-dates or follow us on Twitter or Linkedin!