Message from the President

8th European Federation of Sports Medicine Associations (EFSMA) And the 6th SFMES and SFTS

It is a great privilege and honour for EFSMA to share this 8th European Sport Medicine Congress with the 6th Joint Meeting SFMES and SFTS in Strasbourg from 26-28th September 2013. EFSMA represents 41 countries of Europe but always is looking for our leaders at all times. France has been a great leader of sports medicine in Europe and at this time we are delighted to celebrate this combined meeting with you. Your contributions to sports medicine is recognised and appreciated by all thoughtful sports medicine doctors in Europe.

As of end of August 2013 we have over 690 registered attendees from 41 different countries. We have plenary sessions at all times with bilingual translations French-English and English-French. Plenary sessions are on Sports Medicine as a speciality in Europe, anti-doping and Exercise as a health prescription and in type 1 and 2 DM.

Exercise as a prevention and treatment of disease is an evolving subject. How we incorporate our sports scientists in exercise physiology for elite athletes, our communities in physical activity and our general population in exercise for all remains a challenge. A plenary session will be held in conjunction with the Council of Europe-Ministry-CNOSF and the great City of Strasbourg.

Our sports medicine physicians and surgeons have done a wonderful job in keeping our athletes fit and healthy. Major sessions are being held on injury prevention in sport, Rugby injuries, ACL, imaging and emergency care in sport.

The fight against doping in sport will be reflected by a half day session lead by the Council of Europe, WADA, Sports Ministry-AFLD-CNOFS). The full 7 page program is available on the front page of our website www.efsma.net

I would like to take this opportunity to thank our joint Presidents Dr. Jehan Lecocq and Dr Xavier Bigard (The French Society of Exercise and Sport Medicine), Dr Jacques de Lecluse and Patricia Thoreux (The French Society of Sports Traumatology) for being such a positive influence in Europe in seeing a positive approach to all Europe’s sports medicine challenges.

Our best wishes to this 8th EFSMA and 6th SFMES and SFTS congress in this endeavour and we hope to see many attendees from your country in Strasbourg.

Joseph Cummiskey MD
President European Federation of Sports Medicine Associations,
Dublin, Ireland
30.8.2013

Emin Ergen MD
Secretary-General EFSMA
Ankara, Turkey