

National Early Warning Score Adult Patient Observation Chart

(Please use IMEWS observation chart for pregnant women and women in the six week post delivery period)

National Early Warning Score Key (VIEWS)

SCORE	3	2	1	0	1	2	3
Respiratory Rate (bpm)	≤ 8		9 - 11	12 - 20		21 - 24	≥ 25
SpO ₂ (%)	≤ 91	92 - 93	94 - 95	≥ 96			
Inspired O ₂ (Fi O ₂)				Air			Any O ₂
Systolic BP (mmHg)	≤ 90	91 - 100	101 - 110	111 - 249	≥ 250		
Heart Rate (BPM)		≤ 40	41 - 50	51 - 90	91 - 110	111 - 130	≥ 131
AVPU/CNS Response				Alert (A)			Voice (V), Pain (P), Unresponsive (U)
Temp (°C)	≤ 35.0		35.1 - 36.0	36.1 - 38.0	38.1 - 39.0	≥ 39.1	

Document Number during this Admission

Patient Name:

Date of Birth:

Healthcare Record No:

Addressograph

Sepsis Screening Pathway

Are any 2 or more modified Systemic Inflammatory Response Syndrome (SIRS) criteria present

- Respiratory rate > 20 (bpm)
- Temperature <36 or >38.3 (oC)
- Heart rate > 90 (bpm)
- WCC < 4 or > 12 x 10⁹/L
- Acutely altered mental status
- Bedside glucose >7.7mmol/L (in the absence of diabetes mellitus)

+ INFECTION SUSPECTED

Note: Some groups of patients, such as older people, may not meet the modified SIRS criteria, even though infection is suspected. Where this occurs check for signs of organ dysfunction and raised biomarkers such as C-reactive protein (CRP)

DIAGNOSED SEPSIS

Intervention within one hour COMPLETE SEPSIS SIX

TAKE 3

1. Appropriate cultures*
2. FBC and lactate
3. Hourly urine output chart

GIVE 3

4. Maintain O₂ (94-98%)
5. Give IV fluid bolus
6. IV antibiotics

*eg. blood, wounds, invasive line sites, sputum, urine, etc.

Escalation Protocol Flow Chart

Total Score	Minimum Observation Frequency	ALERT	RESPONSE
1	12 Hourly	Nurse in charge	Nurse in charge to review if new score 1
2	6 Hourly	Nurse in charge	Nurse in charge to review
3	4 Hourly	Nurse in charge & Team/On-call Intern	1. Intern to review within 1 hour
4-6 <i>* Use the Sepsis screening pathway if the NEWS is 4 (5 on supplementing O₂) or infection is suspected.</i>	1 Hourly	Nurse in charge & Team/On-call Intern/SHO	1. Intern/SHO to review within 1/2 hour 2. If no response to treatment within 1 hour contact Registrar 3. Consider continuous patient monitoring 4. Consider transfer to higher level of care
≥ 7	½ Hourly	Nurse in charge & Team/On-Call Registrar Inform Team/On-Call Consultant	1. Registrar to review immediately 2. Continuous patient monitoring recommended 3. Plan to transfer to higher level of care

Note: Single Score triggers

Score of 2 HR ≤ 40 (Bradycardia)	½ Hourly	Nurse in charge & Team/On-call Intern/SHO	1. Intern/SHO to review immediately
*Score of 3 in any single parameter	½ Hourly or as indicated by patient's condition	Nurse in charge & Team/On-call Intern/SHO	1. Intern/SHO to review immediately 2. If no response to treatment or still concerned contact Registrar

*In certain circumstances a score of 3 in a single parameter may not require ½ hourly observations i.e. some patients on O₂.

- When communicating patients score inform relevant personnel if patient is charted for supplemental oxygen e.g. post-op.
- Document all communication and management plans at each escalation point in medical and nursing notes.
- Escalation protocol may be stepped down as appropriate and documented in management plan.

IMPORTANT:

1. If the response is not carried out as above the CNM/ Nurse in Charge must contact Registrar or Consultant.
2. If you are concerned about a patient, escalate care at any stage regardless of the score.
3. Inform medical staff if the score includes the fact that the patient is on Oxygen.

Sepsis Pathway Modification

Not all patients meeting modified SIRS criteria have sepsis, OR there may be additional problems requiring different management (current Congestive Cardiac Failure (CCF), Diabetic Ketoacidosis (DKA), Myocardial Infarction (MI), Gastro-Intestinal (GI) Bleed etc) OR patient may be receiving chemotherapy OR be palliated.

Early Warning Score

0	1	2	3
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Early Warning Scoring System

Consultant: _____	YEAR: _____	WARD: _____
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NAME: _____

HEALTHCARE RECORD No.: _____

DATE OF BIRTH: _____

ADDRESS: _____

ABCDE Assessment

AB

RESPIRATORY DISTRESS

Consider:

- Airway
- Hypoxia
- Acidosis

Intervention:

- Immediate medical review
- ABCDE assessment
- Give Oxygen to target: 90% in COPD patients, 96% or more in all other patients
- Request CXR & ABG
- Airway Obstruction: activate Emergency Response System
- Respiratory Acidosis: Consider early non-invasive ventilation

TACHYCARDIA

Consider:

- Loss of consciousness
- Myocardial ischaemia on ECG
- Heart failure.

Intervention:

- Immediate medical review
- Consider activating ERS
- ACLS Algorithm as appropriate

BRADYCARDIA

Consider:

- Electrolyte Disturbance
- Drug Side-effect
- Complete Heart Block

Intervention:

- Immediate medical review
- 12-lead ECG
- Telemetry
- Heart Rate \leq 40: consider activating ERS
- Document irregular Heart Rate

		DATE												
		TIME												
Respiration	3	25 Above												
	2	21-24												
	0	12-20												
	1	9-11												
	3	8 Below												
Respiration Score														
Peripheral Oxygen Saturations (SpO ₂)%	0	96 Above												
	1	94-95												
	2	92-93												
	3	0-91												
SpO ₂ Score														
Any Oxygen scores 3 otherwise score 0	0	Room Air												
	3	Any O ₂												
O ₂ Score														
Heart Rate (Beats Per Minute)	3	Above 180												
	3	161-170												
	3	151-160												
	3	141-150												
	3	131-140												
	2	121-130												
	2	111-120												
	1	101-110												
	1	91-100												
	0	81-90												
	0	71-80												
	0	61-70												
0	51-60													
1	41-50													
2	40 Below													
Heart Rate Score														

Urine Output: If there are concerns about urine output (<0.5 ml/kg/hr), contact Doctor for review

C

HYPERTENSION

Consider:

- Pain
- Hypercapnia
- Intervention:**
- Immediate medical review
- 12-lead ECG

HYPOTENSION

Consider:

- Bleeding
- Myocardial Infarction
- Sepsis

Intervention:

- Immediate medical review
- Check BP manually
- 12-lead ECG
- If no heart failure, stat IV fluids - 500ml
- If no improvement after 20ml/kg: immediate review by doctor
- Systolic BP \leq 90: refer to escalation protocol

Blood Pressure (mmHg)	1	250 Above																		
	0	231-249																		
	0	221-230																		
	0	211-220																		
	0	201-210																		
	0	191-200																		
	0	181-190																		
	0	171-180																		
	0	161-170																		
	0	151-160																		
	0	141-150																		
	0	131-140																		
	0	121-130																		
	0	111-120																		
		1	101-110																	
	2	91-100																		
	3	81-90																		
	3	71-80																		
	3	61-70																		
	3	51-60																		
(Score systolic only)	3	41-50																		
	3	31-40																		

BP Score

AVPU Response	0	Alert (A)																		
	3	V/P/U																		

AVPU Score

Temperature (°C)	2	39.1																		
	1	38.5																		
	1	38.1																		
	0	37.5																		
	0	37.0																		
	0	36.5																		
	0	36.0																		
	1	35.5																		
	1	35.0																		
	3	34.5																		

Temp Score

TOTAL EWS SCORE

Blood Glucose																				
Bowel Movement																				
Pain Score 0-10																				
Weight in Kgs																				
Escalation Protocol Activated Y/N na																				
Initials																				
NMBI Pin																				

D

NEUROLOGICAL DETERIORATION

Consider:

- Hypoglycaemia
- Acute brain injury
- Pupil response

Intervention:

- Immediate medical review
- Capillary glucose
- Sudden fall in level of consciousness: refer to escalation protocol

AVPU Response	0	Alert (A)																		
	3	V/P/U																		

E

PYREXIA OR HYPOTHERMIA

Consider:

- Sepsis
- Intervention:**
- Initiate Sepsis Pathway